

## DUA FOR BOTH MORNING AND AFTERNOON

The time of morning is from the middle of the night till midday when the rays of the sun are at its strongest. In like manner, the time of afternoon is from midday till the sun sets.

DUA 1: Subhaanal laahi wa bi hamdihi wa laa quwwata illa billaahi maa shaa al laahu kaana wa maa lam yashaa lam yakun a'lamu annal laaha alaa kulli shay in qadeer. Wa annal laaha qad ahaata bi kulli shay in ilma. (ONCE)

DUA 2: Read "Ayatul Kursi" (ONCE). Then read:

Bismillaahir Rahmanir Raheem. Haam Meem. Tanzeelul Kitaabi minal laahil azeezil aleem. Ghaafiriz zambi wa qaabilit taubi shadeedil iqaabi zid tauli. Laa ilaaha illa huwa ilayhil maseer. (ONCE)

DUA 3: The three Quls. (ONCE) This recitation protects one during the entire day and afternoon.

DUA 4: The following Dua protects one from seven things - fire, drowning, theft, snakes, scorpions, Shaytaan and tyrant rulers.

Bismillaahi mashaa Allahu laa ya sooqul khaira illal laahu ma shaa Allahu laa yasrifus soo'a illal laahu ma shaa Allahu ma kaana min ne'matin fa minal laahi ma shaa Allahu laa haula wa laa quwwata illa billaahi. (3 TIMES).

DUA 5: This dua also protects you from snakes and other reptiles.

A'oozu bi kalimaatil laahit taammati min sharri ma khalaq. (3 TIMES)

DUA 6: This Dua protects you against any poison and its sort.

Bismillaahil lazi laa yadurru ma as mihi shay-un fil ardi wa laa fis samaa'i wa huwwas samee'ul aleem. (3 TIMES)

DUA 7: This Dua assures a person that Almighty Allah will be pleased with him on the Day of Judgement.

Radi tu billaahi Rabbaw wa bil Islaami Deenaw wa bi Syedina wa Moulana Mohammadin salal laahu alaihi wa sallama Nabi yaw wa Rasoolan. (3 TIMES)

DUA 8: This Dua protects the person from all ills and torments.

Hasbiyal laahu laa ilaaha illa huwa alaihi tawakkaltu wa huwwa Rabbul arshil azeem. (10 TIMES).

DUA 9: This Dua protects a person from all ills during the day and night.

Fasub haanal laahi heena tumsoona wa heena tusbihoon. Walahul hamdu fis samawaati wal ardi wa ashee yaw wa heena tuzhiroon. Yukhrijul hayya minal mayyati wa yukhrijul mayyata minal hayyi wa yuh'yil arda ba'da mautiha wa kazaalika tukhrajun. (ONCE)

DUA 10: The recital of the last four ayats of Sura Mu'minoon protects one from the Shaytaan and the evil Jinnaats. (ONCE)

DUA 11: The recital of: "A'oozu bil laahis samee'il aleem minash Shaytaanir rajeem," then the last 3 ayats of Sura Hashr, assures the person that 70 000 Angels pray for his forgiveness. (ONCE)

DUA 12: This Dua assures the person that he will leave the world in the state of Imaan.

Allahuma inna na'oozu bika min an nushrika bika shay'an na'lamuhu wa nastaghfiruka lima laa na'lamahu. (3 TIMES)

DUA 13: This Dua protects one's Imaan, Deen, life and wealth.

Bismillaahi alaa deeni bismillaahi alaa nafsi wa wuldi wa ahli wa maali. (3 TIMES).

DUA 14: This Dua is to show gratification for all that you have received from Almighty Allah. If you read this in the afternoon then in place of "Asbaha" you must say "Amsa."

Allahuma maa asbaha li min ne'matin aw bi ahadim min khalqika fa minka wah daka laa sharika laka falakal hamdu walakash shukru. Laa ilaaha illa anta subhaanka inni kuntu minaz zaalimeen. (ONCE)

DUA 15: This Dua protects the person against Shaytaan and his army.

Bismillaahi jaleelish shaani azeemil burhaani shadeedis sultaani maa shaa'al laahu kaana a'oozubil laahi minash Shaytaanir rajeem. (ONCE)

DUA 16: This Dua should be read 4 times and with every recital, one quarter of the body becomes safe from the Fire of Hell. If you read this dua in the afternoon, then in place of "Asbahtu" you should read "Amsaytu."

Allahuma inni asbahtu ush'hiduka wa ush'hidu hamalata arshika wa malaa'ikatika wa jami'a khalqika innaka antal laahu laa ilaaha illa anta wahdaka laa shari kalaka wa anna Mohamaddan abduka wa Rasooluka sallal laahu alaihi wa sallam. (4 TIMES)

DUA 17: This Dua is equal to one entire days Ibaadah.

Allahuma lakal hamdu hamdan daaa imam ma'a dawaamika wa lakal hamdu hamdan khaalidan ma'a juloodika wa lakal hamdu hamdal laa muntahaa lahu doona mashi'yatika wa lakal hamdu hamdan inda kulli turfati a'ineew wa tanaffusi kulli nafsin. (ONCE)

DUA 18: This Dua should be read (11 times) for help in repaying debts and (1 TIMES) for the removal of any anguish.

Allahuma inni a'oozobika minal hammi wal huzni wa a'oozobika minal ijzi wal kasali wa a'oozobika minal jubni wal bukhli wa a'oozobika min ghalabatid dayni wa qahrir rijaal.

DUA 19: This Dua should be read if one desires all his work be discharged properly.

Ya Hayyu Ya Qayyumu bi rahmatika as taghithu fala ta kilni ilaa nafsi turfata ainin wa aslih li shaani kullahu. (ONCE)

DUA 20: This Dua is a form of Istikhaara. In other words it is to be read if one wants a sign on the task that he intends performing.

Allahuma khirli wakh tarrli wa laa takhilni ilaa ikhti yaari. (7 TIMES).

DUA 21: This Dua is known as "Sayyidul Istighfaar." It can be read either thrice or once. It is so powerful that if a Mureed recites it and then passes away on that day or night, he will be classified as a Shaheed.

Allahuma anta Rabbi laa ilaaha illa anta khalaq tani wa ana abduka wa ana ala ahdika wa wahdika mas tata'tu. A'oozobika min sharri ma sana'tu. Abu 'ulaka bi ni'matika alayya wa abu' 'ulaka bi'zambi fagfirli fa innahu laa yaghfiruz zunooba illa anta. Wagh firli kulli mu'minin wa mu'minatin. (1 OR 3 TIMES)

DUA 22: This Dua is protection against hunger, fear in the grave and the anxiety during Qiyaamah.

Laa ilaaha illal laahul malikul haqqul mubeen. (100 TIMES)

DUAS TO BE READ ONLY DURING THE MORNING

DUA 1: This Dua is for protection against Shaytaan.

Bismillaahir Rahmanir Raheem. Wa laa hawla wa laa quwwata illa billaahil aliyil azeem.

DUA 2: Sura Ikhlāas (Sura Aḥad) 11 times. Protection against Shayṭaan.

DUA 3: This Dua is to increase one's Imaan.

Ya Ḥayyu Ya Qayyumu laa ilaaha illa anta.

DUA 4: This Dua is to protect one against insanity, leprosy and blindness.

Subḥaanal laahil azeem wa bi ḥamdihi. (3 times)

DUA 5: It should also be the priority of the Mureed to at least complete one Para of the Holy Quran everyday before sunrise.

DUA 6: The Mureed should also complete one part of the daily recital of the "Dalaal ilul Khayraat."

DUA 7: After Fajr, the Mureed should complete the recital of the Shijrah Shareef.

WHAT SHOULD BE READ AFTER EVERY SALAAH

1. Ayatul Kursi (ONCE).

2. Astagfirul laahil lazi laa ilaaha illa huwal ḥayyul qayyumu wa atoobu ilaihi. (3 TIMES)

3. The Tasbeeh of Sayyidah Fathima (radi Allahu anha) which is:

Subḥaan allah : 33 TIMES

Al Ḥamdu lillah: 33 TIMES

Allahu Akbar : 34 TIMES

At the end you should recite, "Laa ilaaha illal laahu waḥdahu laa shari kalahu. Lahul mulku wala hul ḥamdu wa huwwa alaa kulli shayin qadeer."

4. You should then place your right hand on the forehead and read, "Bismil laahil lazi laa ilaaha illa huwwar rahmaanur raheem. Allahuma az hib annil hamma wal huzna."

## WHAT SHOULD BE READ AFTER FAJR AND MAGHRIB

1. After these Salaah, without moving from your place, you should recite this Dua which protects you from the Shaytaan and assures that your sins are forgiven.

Laa ilaaha illal laahu wah dahu laa shari kalahu laahul mulku walahul hamdu biya di hil khairu yuh yi wa yameetu wa huwwa alaa kulli shayin qadeer.

2. This dua should also be read 7 TIMES, which makes Hell pray for you, so that you do not experience it's terror. Allahuma ajir ni minan naar.

## WHAT SHOULD BE READ AFTER FAJR SALAAH

1. This Dua protects you from the Shaytaan, all your undertakings become easy, anxiety is removed, your Imaan is safeguarded, your enemy self destroys himself, your good deeds increase and it becomes easy for you to walk across the Pulsiraat. (1 OR 3 TIMES).

Allahumak fini kulla muhhim mim haysu shi'ta wa min ayna shi'ta hasbiyal laahu li deeni hasbi yal laahu li dunyaa ya hasbi yal laahu limaa ahamm mani has biyal laahu liman baghaa hasbiyal laahu liman hasadani hasbiyal laahu kaadani bi soo'in hasbiyal laahu indal mauti. Hasbiyal laahu indal mas'alati fil qabri. Hasbiyal laahu indal mizaan. Hasbiyal laahu indas siraat. Hasbiyal laahul lazi laa ilaaha illa huwwa alaihi tawakkaltu wa huwa rabbul arshil azeem.

2. After all the Wazifas, you should sit and wait till the sun rises. You should then perform the 2 Rakaahs of Salaatul Chaast approximately 20 minutes after sunrise. It is mentioned that by performing this Salaah, you attain the Thawaab of one complete Hajj and Umrah.

## WHAT SHOULD BE READ AFTER THE MAGHRIB SALAAH

When you have completed all the Wazifas, you should perform 6 Rakaats of Nafil Salah, which is known as Salaatul Awwabeen.

## WHAT YOU SHOULD READ AFTER ESHA

1. You should stand, facing Medina Shareef, and recite the Durood Shareef as explained. You should stand with utmost respect. Do not read as if you are reading to make Ziyaarat of Sayyiduna Rasulullah (sallal laahu alaihi wasallam), but rather you should think that it will be the grace of Sayyiduna Rasulullah (sallal laahu alaihi wasallam) if he appears in your dream. You should behave as if you are in front of the blessed Haram and should stand with absolute reverence.

Allahuma salli alaa Syedina Mohammadin kamaa amar tana an nusalliya alaihi.

Allahuma salli alaa Syedina Mohammadin kama huwa ah luhoo. Allahuma salli alaa Syedina Mohammadin kama tuhibbu wa tardaa lahu.

Allahuma salli alaa Roohi Syedina Mohammadin fil arwaahi. Allahuma salli alaa Syedina Mohammadin fil ajsaadi.

Allahuma salli alaa qabri Syedina Mohammadin fil quboori sallal laahu alaa Syedina wa Moulana Mohammadin.

(YOU MAY READ AS MUCH AS YOU POSSIBLY CAN, BUT YOU MUST END IN AN ODD NUMBER).

2. This Dua achieves forgiveness of sins, cleanses the heart and safeguards the reciter from all worldly and spiritual ills.

Allahu laa ilaaha illa huwwal hayyul qayyum. Allahu laa ilaaha illa huwwar rahmaanur raheem. Allahu laa ilaaha illa anta subhaan naka inni kuntu minaz zaalimeen. Salli wa sallim wa baarik abadan 'alan nabiyyil ummiyi wa aalihi wa ashaab bihi ajma'een. Allahu Allahu Allahu laa ilaaha ilal laahu Mohammadur Rasoolulaahi sallal laahu alaihi wa sallam. Ya Ghouso Ya Ghouso Ya Ghouso. (100 TIMES)

## WHEN YOU ARE ABOUT TO SLEEP

1. Ayatul Kursi - As long as you sleep, you and your family remain under the protection of the Almighty Allah. You are protected from theft and the mischief of the Jinnaat.

2. The Tasbeeh of Sayyidah Fathima (radi Allahu anha) - when you awake, you will awake fresh and spiritually active.

3. The Sura Al-Hamd and the 3 Quls.

4. The first part of Sura Baqara till "Muflihoon" and the last part from "Aamanar Rasoolu" - the advantages of this recitation is too numerous to mention.

5. The last 4 ayahs of Sura Kahf.

You should read the 3 Quls and then blow over the palm, thereafter, you should rub the hands over the entire body. This will also protect you against the whisperings of the Shaytaan.

Finally, you should read the Sura Kaafirun and then try to sleep. If you have to talk thereafter, you may do so, but go to sleep after you have again read the Sura Kaafirun.

#### WHEN YOU AWAKE

When you awake you should read this Dua, which will help you awake on the Day of Qiyaamah making the Zikr of Almighty Allah.

Al hamdu lil laahil lazi ahyaana ba'da maa amaataana wa ilayhin nushoor.

It is important to remember that before and after every wazifa, you must read Durood Shareef either 1, 3 or 11 times. This will ensure that your Wazifa is accepted in the Court of the Almighty Allah.

#### TAHAJJUD

Whenever you awake during the night after performing the Esha Salaah, that time is considered as the time of Tahajjud. You should perform at least 2 Rakaahs of Salaah. It is Sunnah to perform 8 Rakaahs though. You should also read as much Quran Shareef as you possibly know within these Rakaahs. If you do not know any long Sura, you may also read Sura Ikhlâas 3 times in each Rakaah. You will also gain the Thawaab of reading the entire Quran.

#### THE METHOD IN RECITING THE HOLY QURAN

The Awliya Kaamileen have mentioned that there is no better Wazifa than that of the continuous recital of the Holy Quran. They have given us a method of how we should also undertake the complete recitation of the Holy Quran. It has been divided into the separate days.

Friday: Sura Fatiha till Sura Maida

Saturday: Sura In'am till Sura Tauba

Sunday: Sura Yunus till Sura Maryam

Monday: Sura Ta Ha till Sura Qasas

Tuesday: Sura Ankabut till Sura Saad

Wednesday: Sura Zumar till Sura Rahmaan

Thursday: Sura Waa'qia till the end

One should try one's level best to practise on this manner of completing the Holy Quran. One may not do so immediately, but we should realize that if we try, it will be the Karam of the Awliya to see that we succeed.

#### HELPFUL WAZIFAS FOR VARIOUS AFFAIRS

1. This Durood Shareef should be read 874 times for increase in respect, authority, and defence against one's enemies:

Ya Azeezu salli wa sallim wa baarik alan nabi yil azeezil mu'izzil a'izzi wa alaa aalihi wa ashaabihil mu'azzi zeena. Allahuma az-zizni bil imaani wa husnil amali wa aafiya-tid daaa imati wa husnil aaqibati fil umoori kulliha wa hablana zurri yatan tayyi batan innaka samee'ud du'a. Allahu rabbi laa shari kalahu.

2. This Durood Shareef should be read 100 times after Zohar, for increase in wealth, increase in one's Imaan and for Barakah in one's work.

Ya Kareemu salli ala Nabiyil kareemi ma'dinil joodi wal karami wa aalihil kiraami wab nihil kareemi wa abdihil mukarrami wa baarik wa sallim. Allahuma akrim alaina bi karimikal azeem.

3. This Durood Shareef should be read 100 times after Asar, for the destroyal of one's enemy and the destroyal of any evil plots against you.

Ya Jabbaaru salli ala sayiddil qaahireena qaatilil mushrikeena daafi'il haasideena wa aalihi wa sahbihi ajma'een. Allahumaq har alaa a'daahina bi qahrikal azeemi Ya Qah haaru.

4. This Durood Shareef should be read 100 times after the Maghrib Salaah.

Ya Sattaaru salli ala sitrikal jameeli wa aalihi wa sahbihi wa baarik wa sallim. Allahumas turna bi sitrikal jameeli falam azala bi sitrikal jameelil muzzammilil mudassari mastooran muzzammilan muddassiran ilaa yaumil qiyaamati.

5. This should be read 450 times after the Maghrib Salaah, for protection of one's life, wealth, Barakah, etc.

Hasbunal laahu wa ni'mal wakeel.

6. This Durood Shareef should be read 100 times after Esha Salaah, for safety, life, property, Barakah, etc.

Ya Ghaffaaru salli ala shafi'il muznibeena wa aalihi wa sahbihi ajma'eena rabbigh firli wali waalidayya wali jami'il mu'mineena wal mu'minaati laa ilaaha illa anta subhaanaka inni kunntu minaz zaalimeen.

7. Durood-e-Fazl-e-Azeem: This Durood Shareef should be read 100 times daily at any time. It guarantees great Barakah, immense reward and protection against all things.

Yaa zal fadlil azeemi salli ala fadlikal azeemi wa aalihi wa sahbihi wa baarik wa sallim ta faddal alaina bi fadlikal azeemi.

8. Durood-e-Rahmat: This Durood Shareef should also be read 100 times daily at any time. It contains immense barakat for the reciter.

Ya Rahmaanu Ya Raheemu salli wa sallim wa baarik alaa rahmatil lil 'aalameena raahatil mu'mineenar ra'oofir raheemi wa aalihi wa sahabihi wa awliyaa 'ihi ajma'eena wa alaina ma'ahum birahmatika ya arhamar raahimeen.

Rabbana hab lana min azwaajina wa zurri yaatina qurrata a'yunew wajalna lil muttaqina imaama. Rabbi a'oozobika min hamzaatish shayatini wa a'oozobika rabbi ay yah durooni. Rabbi a'oozo bi kalimaatil laahit taammati min sharri ma khalaq. Salaamun alaa Ibraheem, Salaamun alaa Moosa wa Haroon. Salaamun alaa Ilyaseen. Salaamun alaa Mursaleen. Salaamun alaa Noohin fil aalameen. Salaamun Qaulam mir Rabbir raheem. Salaamun hiya hatta matla'il Fajar. Bihur mati Alif Laam Meem, Alif Laam Saad, Kaa Haa Yaa A'in Saad, Taa Seen Meem, Taa Seen, Haa Meem, A'in Seen Qaaf, Haa Meem, Nun, Yaaseen, Taa Haa, Qaaf, Alif Laam Meen Rah, Ya Riyaalal Ghaib. Ya Shaikh Abdul Qaadir Jilaani Shay an lil laah.