

The Holy Prophet (Allah's grace and peace be upon him) has said that when evening sets in call your children inside the house and do not let them be out as at that time evil spirits of devils (satans) Jinns and other apparitions descend on earth and roam about hither and thither and pick up unway children or cast evil spells on them. These children may be allowed outside home after an hours or so.

Further commandments by the Holy Prophet (Allah's grace and peace be upon him) in regard to utensils and precautions while going to sleep are.

After reciting `Bismillah' tie the mouth of leather water bag (Mash'k or Mash'keeza).

Cover the utensils/vessels or put some hard object across the vessels.

Put off the (oil) lamps, (at times a rat or any crawling animal drags the lamp, upsets it and the house goes a fire), May Allah prevent such on eventuality.

Shut the door, The satan and evil spirits can not open the Mashk, nor the door nor the utensils.

It is reported that once every year comes a night in which evil spirits descend on earth carrying with them the cursed diseases and epidemics and enter the room and any other vessel if they open and unprotected and cause damage and destruction to inmates.

Neither a burning fire should be left in the house before the inmates to sleep. Hazrat Abu Musa Ashary reports that one night one house got burnt due to the fire kept unextinguished. On hearing the tragic new the Holy Prophet (Allah's grace and peace be upon him) said `Fire is your enemy, put it off while you go to sleep.

When during the night you hear the sounds of barking dogs and braying donkeys, recite because at that (inauspicious) moment you do not (and can not) see. When these sounds come to a stop do not come out of your house, as Allah lets any spirit of His Creation scatter about on the surface of the earth.