

## ETIQUETTES OF DRINK IN (WATER).

In this respect, some of the Ahadees of the Holy Prophet (Allah's grace and peace be upon him) are given below.

The Holy Prophet (Allah's grace and peace be upon him) used to DRINK water with three breaths (as a break not in one gulp). He said this way water becomes pleasant, useful and satisfies thirst.

To say `BISMILLAH' before drinking and `AL-HAMDO LILLAH' afterwards.

One should not breathe into the cup, glass etc, he should withdraw if for a moment, before resuming to drink.

Drinking in gold and silver sup/vessel is forbidden.

The Holy Prophet (Allah's grace and peace be upon him) gladly took the drink which was sweet and cool.

While taking water at night, the container (pitcher etc) should be shaken. However it closed with a cap or lid shaking is not necessary.

He has said to drink water as if sucking it. It is pleasant and digestive and a safeguard against illness.

Hazrat Ayesha Siddiqah (May Allah be pleased with her) once enquired from the Holy Prophet (Allah's grace and peace be upon him) as to what things are forbidden being called `not halal.' He replied `Water, Salt and Fire.' She said, `I understood about water ! But why are salt and fire are forbidden being `not halal'. The Holy Prophet (Allah's grace and peace be upon him), answered, "O Humariah! (May Allah be pleased with her), The one who supplied fire, he gave sadaqah for every thing which his cooked on fire. And the man who gave salt, he made tasty and delicious all things with the salt and thus he offered sadaqah of all thing corrected by the salt. And the man who supplied water at a place, where water is not available it is as if he gave freedom to a slave."

It is a practice to throw away the remaining water of the glass after drinking from it, calling it "Jhoota" (unclean). It is a legacy from Hindus who believe and practice, untouchability. There is no such thing in Islam. It is a sheer waste which is forbidden.

The water of Wazoo (ablution) and Zam Zam should be taken in standing posture and all other drinks should be taken in sitting position.