

SUNNAT OF PONDERING

1. Another Sunnat is that one should not ponder about the being of Allah Ta'ala - instead one should ponder over the creation of Allah Ta'ala.

كَمَا فِي الْحَدِيثِ تَفَكَّرُوا فِي خَلْقِ اللَّهِ وَلَا تَتَفَكَّرُوا
فِي اللَّهِ فَإِنَّكُمْ لَمْ تَقْدِرُوا قَدْرَهُ

2. The pondering and reflecting mentioned in the ayat.

كَمَا قَالَ تَعَالَى شَأْنُهُ وَيَتَفَكَّرُونَ فِي خَلْقِ السَّمَوَاتِ وَالْأَرْضِ

Refers to pondering and reflecting over His creation, not over His being.
(Masaail-e-Sulook from Bayaanul Qur'aan)