

SUNNATS WHEN ONE IS TROUBLED

BY THOUGHTS OF KUFR AND SINS

1. It is Sunnat to recite the following dua when experiencing thoughts of kufr and sins:

أَمَنْتُ بِاللَّهِ وَرَسُولِهِ and أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

(Mirqaat-Vol.1, pg. 137)